Our range of vitamins in spray

**Oral Spray Vitalink·D3**

- Helps to protect from solar UV radiation
- Fixes the calcium to the bones

The best way to take your food supplement

- Precise
- Safe
- Hygienic

**Certified Quality**
Instructions / dosage
• Oral spray.
• 1 spray a day is equivalent to 5 μg of vitamin D3 Cholecalciferol (200 UI)\textsuperscript{1}.

Consumption of vitamin D varies depending on your geographic location. Check with your health care professional.

Why do I need to take vitamin D?
Your body must have vitamin D to absorb calcium and promote bone growth. Vitamin D is much more than a nutrient needed for bone health; it is an essential hormone required for the regulation of a large number of physiological functions. Its receptors have been found to be present in nearly every tissue and cell in the body\textsuperscript{2}.

Additional benefits\textsuperscript{3}
In addition to its primary benefits, research suggests that vitamin D may also play a role in:
• Reducing your risk of multiple sclerosis.
• Decreasing your chance of developing heart disease.
• Helping to reduce the likelihood of developing the flu.

Indications
Vitalink D3 oral spray for adults is a food supplement that helps to fix calcium to the bones while aiding to protect the skin against the harmful effects of UV radiation from solar exposure. It is a suitable and easy to use complement that helps you have the daily recommended intake of vitamin D.

Bibliography:
1) Scientific Opinion on the Tolerable Upper Intake Level of vitamin D. EFSA Journal 2012;10(7):2813